

**Build Yourself a
Winter Camping Adventure
You'll Never Forget!**



**Develop self-reliance,
resourcefulness, learn
teamwork, co-operation
and responsibility
by applying
winter camping skills**

Equipment

North Wind will provide a fully equipped and provisioned winter camping program for each Scout who participates. Equipment to be provided will include:

Clothing including mittens and liners, boots and liners, socks, hats, pants, suspenders, and gaiters.

Sleeping and Shelter provisioning including Sleeping bags, ground pads, lanterns, and shelter materials such as parachutes, tarps, tents, shovels and polar domes.

Food and cooking equipment including stoves, water bottles, cooking equipment, and a full provisioning of food for three meals.

Activity equipment including crew sleds, skis, poles and snow shoes.



**In the Spirit of the Great
Arctic and Antarctic
Explorers...**



**Winter Adventures
from Viking Council**



Introduction

Viking Council is embarking on an exciting new winter camping program for Scouts and Venturers of all ages called North Wind. This new program is made possible by a generous donation from friend of Scouting Lawrence Gagner in memory of his wife Adina Gagner. The donation to the Viking Council has enabled the construction of a new winter camping lodge at Stearns Scout camp and the purchase of the winter camping equipment needed for the program.

Training

Camping in winter requires thorough preparation and training. The Scout motto of *Be Prepared* applies even more so to winter camping. Scouts who come to *North Wind* will receive training in the following key areas for success and enjoyment of the winter camping experience:

Clothing (layering, wicking, warmth, and wind protection)

Techniques for managing the cold

Staying warm through food, hydration, insulation and activity

Winter first aid

Equipment - what we have and why and How to "winterize" your own gear

Food - simple menus, easy to clean and high in calories

Personal hygiene and keeping dry

Learn to thrive in any weather condition!



Program

During the winter of 2002, *North Wind* will be open to Scouts age 13 and older and Venturers. Here is the outline for the program:

Friday Night:

Scouts, and their accompanying leaders, in crews of 10 will receive training on winter camping essentials and each Scout will be issued a full set of equipment and clothing for the weekend. Crews will sleep indoors in the Gagner Lodge.

Saturday:

After a hearty breakfast, the crews will trek to a remote camping area and build a variety of shelters for their overnight camping. They will spend the day in outdoor winter activities and games and prepare their meals. Crews will sleep in their shelters on Saturday night and return to Gagner Lodge on Sunday morning.

Sunday:

Sunday will include a big lunch, recognitions and the great feeling of learning and accomplishment.

For Younger Scouts:

Beginning the winter of 2003, younger Scouts will arrive on Saturday morning to receive training and personal equipment and will participate in outdoor programs and cooking. They will sleep

indoors on Saturday night in Gagner Lodge and will break camp on Sunday morning.

Activities

Winter camping means staying active and *North Wind* will feature a great deal of activities for Scouts of all ages. These activities will include a variety of program activities such as:

Shelter building including quinzees, thermal shelters, polar domes, parachutes, and igloos

Cross country skiing, snowshoeing, and tobogganing

Winter cooking

Making snow sculptures and snow snakes

Ice fishing, frisbee golf, and broom hockey

Astronomy in the winter sky and orienteering

There will also be a variety of non-snow activities such as:

Learning about winter nature

Winter Survival and building winter survival kits

First aid and ice crossing safety

Building non-snow shelters and matchless fire building

Photography, compass games and GPS

and much more...

